

Package leaflet: Information for the patient

Eucerin Intensive Lotion 10% w/w Cutaneous Emulsion

Urea

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist have told you.

Keep this leaflet. You may need to read it again.

- Ask your pharmacist if you need more information or advice.

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section `4. Possible side effects`.

The name of your medicine is **Eucerin Intensive Lotion 10% w/w Cutaneous Emulsion**.

In the rest of this leaflet it is called **Eucerin**.

What is in this leaflet

1. What **Eucerin** is and what it is used for
2. What you need to know before you use **Eucerin**
3. How to use **Eucerin**
4. Possible side effects
5. How to store **Eucerin**
6. Contents of the pack and other information

1. What Eucerin is and what it is used for

Eucerin is a hydrating agent. It is used for the treatment of:

- ichthyosis (an inherited condition in which the skin is dry, rough and scaly because of a defect in cornification),
- xeroderma, especially in the elderly (a mild form of ichthyosis in which the skin develops slight dryness and forms scales) and hyperkeratosis (thickening of the outer layer of the skin)
- other chronic dry skin conditions such as atopic eczema (dermatitis).

2. What you need to know before you use Eucerin

Do not use Eucerin:

- if you are allergic to urea or any of the other ingredients of this medicine (listed in section `6. Contents of the pack and other information`)
- on broken, inflamed skin
- on large areas of skin if you have kidney trouble

Other medicines and Eucerin

Consult your doctor or pharmacist if you are using any other medicines on your skin, including those obtained without a prescription. **Eucerin** may increase the penetration of some substances into the skin e.g.:

- medicines known as corticosteroids
- dithranol
- fluorouracil.

If you have any doubts about whether you should use this medicine, then talk to your doctor or pharmacist.

Eucerin contains PEG-7 hydrogenated castor oil and PEG-2 hydrogenated castor oil which belong to a group of castor oils known as polyoxyl hydrogenated castor oils. These ingredients may cause skin reactions.

Eucerin contains benzyl alcohol. If applied to the skin this ingredient may cause mild local irritation.

3. How to use Eucerin

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist have told you. Check with your doctor or pharmacist if you are not sure.

Eucerin is for EXTERNAL USE ONLY.

Avoid contact with the eyes.

Seek medical advice **immediately** if you accidentally swallow **Eucerin**.

Instruction for use:

- Apply twice daily, or as directed by your doctor, to the affected areas of the skin and gently massage into the skin.
- If symptoms persist consult your doctor or pharmacist.

If you use more Eucerin than you should

Using too much **Eucerin** may cause skin irritation. This usually resolves quickly when treatment with the lotion is stopped. If symptoms persist, consult your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. Local skin irritation may sometimes occur, particularly if **Eucerin** is applied to inflamed or sensitive skin or in excessive amounts. This usually resolves quickly when treatment with the lotion is stopped. However if the condition of your skin worsens or if there is no improvement, consult your doctor.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly (see details below).

By reporting side effects you can help provide more information on the safety of this medicine.

HPRA Pharmacovigilance
Earlsfort Terrace
IRL - Dublin 2
Tel: +353 1 6764971
Fax: +353 1 6762517
Website: www.hpra.ie
e-mail: medsafety@hpra.ie

5. How to store Eucerin

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton and the bottle. The expiry date refers to the last day of that month.

Do not store above 25°C.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Eucerin contains

- The active substance is urea 10% w/w
- The other ingredients are benzyl alcohol, PEG-45/dodecyl glycol copolymer, methoxy PEG-22/dodecyl glycol copolymer, sorbitan isostearate, PEG-2 hydrogenated castor oil, ozokerite, hydrogenated castor oil, PEG-7 hydrogenated castor oil, light liquid paraffin, isopropyl palmitate, medium chain triglycerides, octyldodecanol, glycerol, sodium lactate solution, lactic acid, magnesium sulphate, dimethicone and purified water.

For more information on the other ingredients, see section 2.

What Eucerin looks like and contents of the pack

Eucerin is a white, shiny smooth viscous cutaneous emulsion in a plastic container.

Eucerin is available in pack sizes of 30ml, 150ml and 250ml (although not all of these may be marketed).

Marketing Authorisation Holder and Manufacturer

Marketing Authorisation Holder:

Beiersdorf AG
Unnastraße 48
20253 Hamburg
Germany

Manufacturer:

Beiersdorf AG, 20245 Hamburg, Germany.

This leaflet was last revised in February 2019.