

## Package leaflet: Information for the user

### Montelukast Paediatric 5 mg Chewable Tablets

For children from 6 to 14 years

#### Montelukast

Read all of this leaflet carefully before you or your child start taking this medicine **because it contains important information for you or your child.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you or your child. Do not pass it on to others. It may harm them, even if their signs of illness are the same as your or your child's.
- If you or your child get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

#### What is in this leaflet

1. What montelukast chewable tablet 5 mg is and what it is used for
2. What you need to know before you take montelukast chewable tablet 5 mg
3. How to take montelukast chewable tablet 5 mg
4. Possible side effects
5. How to store montelukast chewable tablet 5 mg
6. Contents of the pack and other information

#### 1. What montelukast chewable tablet 5 mg is and what it is used for

What Montelukast chewable tablet is

Montelukast chewable tablet is a leukotriene receptor antagonist that blocks substances called leukotrienes.

How Montelukast chewable tablet works

Leukotrienes cause narrowing and swelling of airways in your lungs. By blocking leukotrienes, Montelukast chewable tablet improves asthma symptoms and helps control asthma.

When Montelukast chewable tablet should be used

Your doctor has prescribed, Montelukast chewable tablet to treat asthma, preventing your asthma symptoms during the day and night.

- Montelukast chewable tablet is used for the treatment of paediatric patients 6 to 14 years of age who are not adequately controlled on their medication and need additional therapy.
- Montelukast chewable tablet 5 mg may also be used as an alternative treatment to inhaled corticosteroids for 6 to 14 year old patients who have not recently taken oral corticosteroids for their asthma and have shown that they are unable to use inhaled corticosteroids.
- Montelukast chewable tablet also helps prevent the narrowing of airways triggered by exercise.

Your doctor will determine how montelukast chewable tablet should be used depending on the symptoms and severity of your or your child's asthma.

#### What is asthma?

Asthma is a long-term disease.

Asthma includes:

- Difficulty in breathing because of narrowed airways. This narrowing of airways worsens and improves in response to various conditions.
- Sensitive airways that react to many things, such as cigarette smoke, pollen, cold air, or exercise.
- Swelling (inflammation) in the lining of the airways.

Symptoms of asthma include: Coughing, wheezing, and chest tightness

## **2. What you need to know before you take montelukast chewable tablet 5 mg**

Tell your doctor about any medical problems or allergies you or your child has now or has had.

### **Do not take montelukast chewable tablet 5 mg**

- If you or your child is allergic to montelukast, or any of the other ingredients of this medicine (listed in section 6).

### **Warnings and precautions**

Talk to your doctor or pharmacist before you or your child take montelukast chewable tablet

- If you or your child's asthma or breathing gets worse, tell your doctor immediately.
- Oral montelukast chewable tablet is not meant to treat acute asthma attacks. If an attack occurs, follow the instructions your doctor has given you or your child. Always have your inhaled rescue medicine for asthma attacks with you.
- It is important that you or your child take all asthma medications prescribed by your doctor. Montelukast chewable tablet should not be used instead of other asthma medications your doctor has prescribed for you or your child.
- Any patient on anti-asthma medicines should be aware that if you develop a combination of symptoms such as flu-like illness, pins and needles or numbness of arms or legs, worsening of pulmonary symptoms, and/or rash, you should consult your doctor.
- You or your child should not take acetyl-salicylic acid (aspirin) or anti-inflammatory medicines (also known as non-steroidal anti-inflammatory drugs or NSAIDs) if they make your asthma worse.
- Patients should be aware that various neuropsychiatric events (for example behaviour and mood related changes) have been reported in adults, adolescents and children with Montelukast chewable tablet (see section 4). If you or your child develop such symptoms while taking Montelukast chewable tablet, you should consult your child's doctor.

### **Children and adolescents**

Do not give this medicine to children less than 6 years of age.

There are different form(s) of this medicine available for paediatric patients under 18 years of age based on age range.

### **Other medicines and montelukast chewable tablet 5 mg**

Tell your doctor or pharmacist if you or your child are taking or have recently taken or might take any other medicines including those obtained without a prescription.

Some medicines may affect how montelukast chewable tablet works, or montelukast chewable tablet may affect how other medicines work.

Tell your doctor if you or your child is taking the following medicines before starting montelukast chewable tablet:

- phenobarbital (used for treatment of epilepsy)
- phenytoin (used for treatment of epilepsy)
- rifampicin (used to treat tuberculosis and some other infections)

### **Taking montelukast chewable tablet 5 mg with food and drink**

Montelukast chewable tablet should not be taken immediately with food; it should be taken at least 1 hour before or 2 hours after food.

### **Pregnancy and breast-feeding**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking Montelukast chewable tablets.

#### *Pregnancy*

Your doctor will assess whether you can take Montelukast chewable tablet during this time.

#### *Breast-feeding*

It is not known if montelukast is excreted in human milk. You should consult your doctor before taking Montelukast chewable tablets if you are breast-feeding or intend to breast-feed.

### **Driving and using machines**

Montelukast chewable tablet is not expected to affect your ability to drive a car or operate machinery. However, individual responses to medication may vary. Certain side effects (such as dizziness and drowsiness) that have been reported with Montelukast chewable tablets may affect some patients' ability to drive or operate machinery.

#### **Montelukast chewable tablet 5 mg contains aspartame**

Montelukast chewable tablet contains aspartame, a source of phenylalanine. It may be harmful for you or your children with phenylketonuria. If you or your child has phenylketonuria (a rare, hereditary disorder of the metabolism) you should take into account that each Montelukast chewable tablet contains phenylalanine (equivalent to 0.842 mg phenylalanine per 5 mg chewable tablet).

### **3. How to take montelukast chewable tablet 5 mg**

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

- You or your child should take only one tablet of Montelukast chewable tablet once a day as prescribed by your doctor.
- It should be taken even when you or your child has no symptoms or has an acute asthma attack.

#### **For children 6 to 14 years of age:**

The recommended dose is one Montelukast chewable tablet 5 mg daily to be taken in the evening. Montelukast chewable tablets should not be taken immediately with food; it should be taken at least 1 hour before or 2 hours after food. The tablets are to be chewed before swallowing.

This medicine is for oral use.

If you or your child is taking Montelukast chewable tablets, be sure that you or your child does not take any other medicines that contain the same active ingredient, montelukast.

#### **If you or your child takes more montelukast chewable tablet 5 mg than you should**

Contact your doctor immediately for advice.

There were no side effects reported in the majority of overdose reports. The most frequently occurring symptoms reported with overdose in adults and children included abdominal pain, sleepiness, thirst, headache, vomiting, and hyperactivity.

#### **If you forget to take montelukast chewable tablet 5 mg or give montelukast chewable tablet 5 mg to your child**

Try to take Montelukast chewable tablets as prescribed. However, if you or your child misses a dose, just resume the usual schedule of one chewable tablet once daily.

Do not take a double dose to make up for a forgotten dose.

#### **If you or your child stops taking montelukast chewable tablet 5 mg**

Montelukast chewable tablets can treat you or your child's asthma only if you or your child continues to take it.

It is important to continue taking Montelukast chewable tablets for as long as your doctor prescribes. It will help control you or your child's asthma.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

### **4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

In clinical studies with Montelukast chewable tablets 5 mg, the most commonly reported side effects (may affect up to 1 in 10 people) thought to be related to Montelukast chewable tablets were:

- headache

Additionally, the following side effect was reported in clinical studies with Singulair 10 mg film-coated tablets:

- abdominal pain

These were usually mild and occurred at a greater frequency in patients treated with Singulair than placebo (a pill containing no medication).

### **Serious side effects**

**Talk with your doctor immediately** if you notice any of the following side effects, which may be serious, and for which you or your child may need urgent medical treatment.

Uncommon: the following may affect up to 1 in 100 people

- allergic reactions including swelling of the face, lips, tongue, and/or throat which may cause difficulty in breathing or swallowing
- behaviour and mood related changes: agitation including aggressive behaviour or hostility, depression
- seizure

Rare: the following may affect up to 1 in 1,000 people

- increased bleeding tendency
- tremor
- palpitations

Very rare: the following may affect up to 1 in 10,000 people

- combination of symptoms such as flu-like illness, pins and needles or numbness of arms and legs, worsening of pulmonary symptoms and/or rash (Churg-Strauss syndrome) (see Section 2)
- low blood platelet count
- behaviour and mood related changes: hallucinations, disorientation, suicidal thoughts and actions
- swelling (inflammation) of the lungs
- severe skin reactions (erythema multiforme) that may occur without warning
- inflammation of the liver (hepatitis)

### **Other side effects while the medicine has been on the market**

Very common: the following may affect more than 1 in 10 people

- upper respiratory infection

Common: the following may affect up to 1 in 10 people

- diarrhoea, nausea, vomiting
- rash
- fever
- elevated liver enzymes

Uncommon: the following may affect up to 1 in 100 people

- behaviour and mood related changes: dream abnormalities, including nightmares, trouble sleeping, sleepwalking, irritability, feeling anxious, restlessness
- dizziness, drowsiness, pins and needles/numbness
- nosebleed
- dry mouth, indigestion
- bruising, itching, hives
- joint or muscle pain, muscle cramps
- bedwetting in children
- weakness/tiredness, feeling unwell, swelling

Rare: the following may affect up to 1 in 1,000 people

- behaviour and mood related changes: disturbance in attention, memory impairment, uncontrolled muscle movements

Very rare: the following may affect up to 1 in 10,000 people

- tender red lumps under the skin, most commonly on your shins (erythema nodosum)
- behaviour and mood related changes: obsessive-compulsive symptoms, stuttering

### **Reporting of side effects**

If you or your child get any side effects, talk to your doctor or pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via

HPRA Pharmacovigilance

Website: [www.hpra.ie](http://www.hpra.ie)

By reporting side effects you can help provide more information on the safety of this medicine.

## **5. How to store montelukast chewable tablet 5 mg**

- Keep this medicine out of the sight and reach of children.
- Do not use this medicine after the expiry which is stated on the label and carton after EXP. The expiry date refers to the last day of that month.
- Do not store above 30°C. Store in the original package in order to protect from light and moisture.
- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## **6. Contents of the pack and other information**

### **What Montelukast chewable tablets 5 mg contains**

- The active substance is montelukast. Each tablet contains montelukast sodium which is equivalent to 5 mg montelukast.
- The other ingredients are: mannitol(E421) (SD 200), cellulose, microcrystalline (PH 112), croscarmellose sodium, cherry flavour (501027 AP0551), iron oxide red (E172), aspartame (E951), magnesium stearate

### **What Montelukast chewable tablets 5 mg looks like and contents of the pack**

Pink colored, mottled, round, biconvex tablet, debossed "M5" on one side and plain on other side.

Packaged in OPA-Al-PVC/Al blister.

Pack sizes: 7, 10, 14, 20, 28, 30, 50, 56, 84, 90, 98, 100, 140 and 200 tablets.

Not all pack sizes may be marketed.

### **Marketing Authorisation Holder**

Accord Healthcare Ireland Limited

Euro House

Euro Business Park

Little Island

Cork T45 K857

Ireland

### **Manufacturer**

Accord Healthcare Limited, Sage House, 319 Pinner Road, North Harrow, Middlesex HA1 4HF, United Kingdom

Accord Healthcare Polska Sp.z o.o.,

ul. Lutomiarska 50,95-200 Pabianice, Poland

**This medicinal product is authorized in the Member States of the EEA under the following names:**

Name of the Member State	Name of the medicinal product
Austria	Montelukast Accord 5 mg Kautabletten
Bulgaria	Montelukast Accord Сингулар 5 mg таблетки
Cyprus	Montelukast Accord 5 mg Μασώμενο δισκίο
Denmark	Montelukast Accord
Estonia	Montelukast Accord
Finland	Montelukast Accord 5 mg purutabletti tabletit / tuggtablett
France	Montelukast ACCORD HEALTHCARE 5 mg comprimé à croquer
Ireland	Montelukast Paediatric 5 mg chewable tablets
Italy	Montelukast AHCL 5 mg masticabili compresse
Latvia	Montelukast Accord 5 mg košļājamās tabletes
Lithuania	Montelukast Accord 5 mg kramtomosios tabletės
Malta	Montelukast Paediatric 5 mg Chewable Tablets
Portugal	Montelukast Accord
Spain	Montelukast Accord 5 mg comprimidos recubiertos con película EFG
Sweden	Montelukast Accord 5 mg Tuggtablett
The Netherlands	Montelukast Accord 5 mg, kauwtabletten
UK	Montelukast Paediatric 5 mg Chewable Tablets

**This leaflet was last revised in 09/2020.**