

## Package leaflet: Information for the user

### **Hidrasec 100 mg, hard capsules** racecadotril

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

#### **What is in this leaflet**

1. What Hidrasec is and what it is used for
2. What you need to know before you take Hidrasec
3. How to take Hidrasec
4. Possible side effects
5. How to store Hidrasec
6. Contents of the pack and other information

#### **1. What Hidrasec is and what it is used for**

Hidrasec is a medicine for the treatment of diarrhoea.

Hidrasec is indicated for the treatment of symptoms of acute diarrhoea in adults, when diarrhoea can not be treated causally.

Racecadotril can be administered as a complementary treatment when causal treatment is possible.

#### **2. What you need to know before you take Hidrasec**

##### **Do not take Hidrasec**

- If your child is allergic to racecadotril or any of the other ingredients of Hidrasec. (listed in section 6).

##### **Warnings and precautions**

Talk to your doctor or pharmacist before taking Hidrasec if :

- There is blood or pus in your stools and if you have fever. The cause of the diarrhoea may be a bacterial infection that should be treated by your doctor,
  - You are suffering from chronic diarrhoea or diarrhoea caused by antibiotics,
  - You are suffering from kidney disease or impaired liver function,
  - You are suffering from prolonged or uncontrolled vomiting,
  - You have intolerance to lactose (see "Important information about some of the ingredients of Hidrasec").
- Occurrence of skin reactions has been reported with the use of the product. These are in most cases mild and moderate. When experiencing severe skin reactions, the treatment has to be stopped immediately.

##### **Other medicines and Hidrasec**

Please tell your doctor if you are using, have recently used or might use any other medicines. Especially tell your doctor if you use any of the following medicines:

- ACE inhibitor ( e.g.captopril, enalapril, lisinopril, perindopril, ramipril) used to lower the blood pressure or facilitate heart labor.

### **Pregnancy , breast-feeding and fertility**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Use of Hidrasec is not recommended if you are pregnant, you think you might be or if you are breast- feeding.

### **Driving and using machines**

Hidrasec has little or no effect on the ability to drive and use machinery.

### **Hidrasec contains lactose.**

Hidrasec contains lactose (a type of sugar). If you have been told by your doctor that you have intolerance to some sugars, ask your doctor before taking Hidrasec.

This medicine does not contain gluten.

## **3. How to take Hidrasec**

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Hidrasec is presented in the form of capsules.

The usual dose is one capsule three times daily to be swallowed with a glass of water.

Hidrasec should be taken preferably before the main meals, but to begin with your treatment, you may take one capsule of Hidrasec at any time during the day.

Your doctor will tell you how long your treatment with Hidrasec will last. It should be continued until two normal stools are produced, not exceeding 7 days.

To compensate for the loss of liquid due to your diarrhoea, this medicinal product should be used together with an adequate replacement of fluid and salts (electrolytes). The best replacement of fluid and salts is achieved with a so-called oral rehydration solution (please ask your doctor or pharmacist if you are not sure). No dosage adjustment is required in the elderly.

### **Children**

Other forms of Hidrasec are available for use in children and infants.

### **If you take more Hidrasec than you should**

Please contact your doctor or pharmacist immediately.

### **If you give more Hidrasec than you should**

If your child has taken more Hidrasec than he/she should have, contact your doctor or pharmacist immediately.

### **If you forget to take Hidrasec**

Do not take a double dose to make up for a forgotten dose. Simply continue with the treatment.

## **4. Possible side effects**

Like all medicines, Hidrasec can cause side effects, although not everybody gets them.

You should stop taking Hidrasec and see your doctor immediately if you experience symptoms of angioedema, such as:

- swollen face, tongue or pharynx
- difficulty to swallow
- hives and difficulties to breath

The following side effects have been reported:

Common (may affect up to 1 in 10 people): headache

Uncommon (may affect up to 1 in 100 people): rash and erythema (skin redness).

Not known (*frequency cannot be estimated from the available data*): erythema multiforme (pink lesions in the extremities and inside the mouth), inflammation of the tongue, inflammation of the face, inflammation of the lip, inflammation of the eyelid, urticaria, erythema nodosum (inflammation in the form of a nodule under the skin), rash papular (eruption in the skin with small lesions, hard and nodulated), prurigo (itching skin lesions), pruritus (generalised itching), toxic skin eruption.

### **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via [the national reporting system listed](#). By reporting side effects you can help provide more information on the safety of this medicine.

### **5. How to store Hidrasec**

Keep this medicine out of the sight and reach of children.

Do not use Hidrasec after the expiry date which is stated on the outer packaging after EXP The expiry date refers to the last day of the month.

This medicinal product does not require any special storage conditions.

Do not throw away any medicine via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

### **6. Contents of the pack and other information**

#### **What Hidrasec contains**

- The active substance is racecadotril.  
Each sachet contains 100 mg of racecadotril.
- The other ingredients are lactose monohydrate, pregelatinised maize starch, magnesium stearate and colloidal anhydrous silica. The capsule contains gelatin, yellow iron oxide (E 172) and titanium dioxide (E171).

#### **What Hidrasec looks like and contents of the pack**

Hidrasec is in the form of ivory-coloured hard capsules.

Each pack contains 6, 10, 20, 100 or 500 hard capsules. 100 or 500 pack sizes are for hospital use only. Not all pack sizes may be marketed.

#### **Marketing Authorisation Holder and Manufacturer**

##### **Marketing Authorisation Holder**

Bioprojet Europe Ltd.  
101 Furry Park road  
Killester  
EI-DUBLIN 5  
IRELAND

Or

BIOPROJET-FERRER, S.L.  
Gran Via Carlos III, 94  
08028 Barcelona  
(Spain)

Or

Ferrer Internacional, SA  
Gran Via Carlos III, 94  
08028 Barcelona  
(Spain)

**Manufacturers**

FERRER Internacional, S.A.  
Joan Buscallà 1-9  
08173 Sant Cugat del Vallès  
Barcelona  
(Spain)

Or

SOPHARTEX  
21 rue de Pressoir  
28500 Vernouillet  
(France)

**This medicinal product is authorised in the Member States of the EEA under the following names:**

SPAIN:	Tiorfan
AUSTRIA:	Hidrased
BELGIUM:	Tiorfix
CZECH REPUBLIC:	Hidrased
DENMARK:	Hidrased
ESTONIA	Hidrased
FINLAND:	Hidrased
GERMANY:	Tiorfan
GREECE:	Hidrased
HUNGARY:	Hidrased
IRELAND:	Hidrased
ITALY:	Tiorfix
LATVIA:	Hidrased
LITHUANIA:	Hidrased
LUXEMBURG:	Tiorfix
THE NETHERLANDS:	Hidrased
POLAND:	Tiorfan
PORTUGAL:	Tiorfan
SLOVAK REPUBLIC:	Hidrased
SLOVENIA:	Hidrased
SWEDEN:	Hidrased
UNITED KINGDOM:	Hidrased

**This leaflet was last revised in {MM/YYYY}.**

**Other sources of information**

Detailed information on this medicine is available on the website of {name of Member State Agency}